

Southern California Regional Committee of Co-Dependents Anonymous

Hi Everyone!

On behalf of the Southern California CoDA Regional Committee (SCCRC), it is my pleasure to welcome you to the 2017 Southern California CoDA Conference!

I am personally looking forward to sharing together with you in the workshops, events, at meals, and even in the hallways and elevators. I am inspired when we share our experience, strength and hope in our mutual adventure of discovering “A New Freedom” from codependent beliefs and actions, and in uncovering new hope, joy and peace in this recovery journey.

I especially look forward to seeing you on Saturday afternoon at the Assembly. The Assembly is where the annual elections are held for the SCCRC committee, along with the ratification of all the motions which have been passed in the quarterly business meetings since the 2016 conference. The Assembly is a wonderful opportunity for any member of CoDA to be involved with the business matters and functioning of SCCRC, and express their point of view concerning the service work being accomplished and how we as a region are communicating our primary purpose: carrying the message to other codependents who still suffer.

I wish there were magical words I could use to have all of you involved in the Assembly. There are many of you who would not miss it, and I am so grateful for your input and presence. It is your example and your recovery that initially drew me to service at first the community level, and then the regional. To all of you who have not yet been of service beyond the meeting level, I urge you to come. The recovery journeys of those I am honored to serve with have been both a blessing to me and a challenge which has spurred my recovery to areas that are delightfully yet tenderly raw. It is in these places I have grown the most.

If you also would like to grow in these areas, come join me and others who are of service, and see how it works. Come do it “wrong” and do it “right”; be vulnerable and see that you don’t die. You may instead find out that you are enough. You have enough and you know enough to do the work you are inspired to do. See what it’s like to have a community surround you, help you, and inspire you in your recovery. I wish this for you. It is certainly what happened to me.

So, on that note, and along with the rest of the Southern California CoDA Regional Committee, please accept our heartfelt thanks for being part of the conference. We hope you have a truly heart-warming, thought-provoking and change-producing experience.

In Service,

Darcie D.
Chairperson - SCCRC