

1st Annual CoDA Sisters' Day of Recovery



Keynote: Sisters' Stepping Up Saturday, March 10, 2018 9:30 – 4:00

Four workshop choices:

- Stepping Up to Healthy and Loving Boundaries
- From Judger to Lover: Stepping Up to Embrace Self Compassion
- Stepping Up – Practicing Your Program Through Sponsorship
- Stepping Up Means Staying in Your Own Lane

St. Michael's by the Sea Church
2775 Carlsbad Blvd, Carlsbad, CA 92008

For a potluck luncheon, participants are invited to bring food according to the first letter of their last name:

A- H: Side Dishes/Salads

I - P: Entrees

Q - Z: Desserts

Bottled water, coffee, paper goods, and utensils will be provided.

\$10 donation suggested for registration.
(If this is a hardship, please donate as you can.)

Contact Addie for questions or to volunteer.

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